



F **%** **O** **R** **T** **Y**
H **E** **R** **B** **S**

ORGANIC SPARKLING TEA

THE STORY

FORTY HERBS is the revival of a traditional herbal tea recipe that passes down through generations in Crete, Greece.

Inspired by this great old recipe we create a new version with nine native herbs.

Traditionally, this tea was used as a natural remedy for all kinds of diseases and was believed to prolong life indefinitely.



 ORGANIC
VEGAN

 GLUTEN FREE

0,0% ALCOHOL

NO  PRESERVATIVES

NO  SUGAR
SWEETENERS
CALORIES

NO  ADDITIVES
COLORANTS

OUR ORGANIC INGREDIENTS



CRETAN DITTANY

Helps with gastrointestinal disorders, stomach aches and indigestion. Has soothing properties and is recommended for nervous disorders and headaches. Also used as a hemostatic and tonic.

CISTUS CRETICUS

Strengthens the immune system, protects the heart and stimulates the body in periods of fatigue and exhaustion. Also treats insomnia and acts as a powerful antioxidant.



MARJORAM

Helps with indigestion and fights stress and depression.

PEPPERMINT

Helps with colds and soothes the sore throat. Has antiseptic properties and contributes to dental health. As a mild antispasmodic, it also helps with dysmenorrhea, headache, migraine, vertigo, insomnia, indigestion, flatulence and intestinal colic.

MOUNTAIN TEA

Strengthens the immune system and has anti-inflammatory, antipyretic, anticoagulant, antispasmodic, sedative

and antioxidant properties.

Rich in iron, supports the blood circulatory system and helps with the treatment of hypertension, colds, sore throats, stomach pain and indigestion.

NETTLE

Benefits mental clarity and helps with anemia (iron absorption) and arthritis. Controls oral infections, cold sores, gingivitis and shingles. Increases the milk flow during breastfeeding.



SAGE

Takes its Latin name "Salvia officinalis" from the verb "salvere", which means "to be well". Acts as a tonic for mind and body and has antioxidant, antiseptic, antimicrobial, expectorant, antispasmodic, cardiotonic properties. Helps with rheumatism, fever, pharyngitis, gingivitis, stomatitis and aphthae.



PENNYROYAL

Helps with indigestion and relieves bloating. Strengthens the respiratory system and acts as sedative, expectorant, cardiotonic, antispasmodic, emollient and diuretic. Offers detoxification to smokers and fights muscle spasms.

CHAMOMILE

Soothes the nervous system and stimulates the appetite. Has relaxing, antispasmodic, diuretic, disinfectant and stomach-soothing properties. Acts against colds, colics, constipation, ulcers and cases of inflammation.

OUR FIRST LABEL

Our very first label reflects back on the island of Crete, Greece, the land of origin of the **FORTY HERBS** recipe.

We chose the **kri-kri** (*Capra aegagrus creticus*), a wild goat that can be found on Crete only, to be our protagonist.

Also known as the **Cretan goat, Agrimi or Cretan Ibex**, this rare animal has grown to become a symbol of the island's culture and unique mentality.



SLIM CAN
ALL AROUND



NATURE'S COCKTAIL

Forty Herbs is the revival of the traditional herbal tea recipe Sarantavaro that passes down through generations. We have inspired by the great old recipe to create a new version with nine native herbs. With respect to the traditional wisdom of tradition, we focus on sustaining the herbs' natural characteristics in terms of taste, aroma and color. No additives, no sweeteners, no preservatives. Right before bottling, a touch of carbonation adds a sparkle to this memorable drinking experience.

For more information about the herbs, their properties and serving suggestions visit our website fortyherbsextract.com

NO PRESERVATIVES

NO SUGAR SWEETENERS CALORIES

NO ADDITIVES COLORANTS



40
HERBS
ORGANIC SPARKLING TEA



40
HERBS
ORGANIC SPARKLING TEA

0.25 L

0.0% ALCOHOL

GLUTEN FREE

ORGANIC VEGAN

Ingredients

Dittany of Crete, Cistus Creticus, Marjoram, Peppermint, Mountain Nettle, Sage, Pennyroyal, Chamomile, Water, Carbon dioxide

Nutrition Declaration

Energy 09 kJ / 0.2 kcal
Fat <0.5 g
Of which saturated <0.5 g
Total Carbohydrate <0.5 g
Of which sugars <0.5 g
Protein <0.5 g
Salt 0.02 g

Pasteurized

Produced in Heraklion Crete, Greece
Packaged in The Netherlands under the authority of Konstantinos Antonakakis S.P.
4 Anthemioi St, 71306 Heraklion, Crete, Greece

Store in a cool dry place



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Find more information about the herbs, their properties and serving suggestions on our website fortyherbsextract.com





Tasty while healthy,
FORTY HERBS is the perfect
alternative to your good
old-fashioned drinks
and refreshments.

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G  **T INSPIRED?**

CONTACT@FORTYHERBSEXTRACT.COM



FIND OUT MORE AT [FORTYHERBSEXTRACT.COM](https://www.fortyherbsextract.com)